

Bishop of Singapore:  
Archdeacon of Singapore:

**The Most Revd Dr Titus Chung**  
**Ven Daniel Wee Chun Chian**

Vicar:  
Clergy:

**Revd Martin Jungnickel**  
**Revd Calvin Wee | Revd King Chiew Kwang**



圣希达堂  
ST HILDA'S CHURCH

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## Church Theme 2026: "The Fear of the LORD is the Beginning of..."

*"I came that they may have life and have it abundantly." John 10: 10b*

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21<sup>st</sup> June 2026

3<sup>rd</sup> Sunday after Trinity Sunday

### THE COLLECT

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father. Give us grace to dedicate our freedom to your service, that all mankind may be brought to the glorious liberty of the sons of God; through Jesus Christ our Lord. Amen.

### Scripture Readings / Sermon Title:

OT/NT: Proverbs 16: 1 - 9

Gospel: Luke 22: 39 - 46

Sermon Title: *"ACT on God's Plan"*

### Memory Verse:

*"The name of the Lord is a strong tower; the righteous man runs into it and is safe."*

*Proverbs 18:10*

# WELCOME

To all who have come to worship with us. We invite members and visitors to stay back after the Sunday worship services for refreshments and fellowship.

**vision:** In Christ we serve the COMMUNITY as a beacon of FAITH, HOPE & LOVE

**mission:** To be a worshipping community that is grounded in God's Word, empowered by the Holy Spirit for sanctification, ministry and missions and is growing in Christ to reach out as a beacon of Faith, Hope & Love.

## Church Services

### English

#### Thursday

11am (Holy Communion)

#### Sunday

8am (Holy Communion)

10.15am (Holy Communion)

### Hokkien

#### Saturday

2pm (Holy Communion on 1<sup>st</sup> & 3<sup>rd</sup>)

### Mandarin

#### Sunday

10.30am (Holy Communion on 1<sup>st</sup> & 3<sup>rd</sup>)

## Children / Youth Ministries

### Sunday at 8am

Worship for all in Room 201

Primary 3 to 6 in Room 115

Primary 1 & 2 and children 6 year and below - in the Creche (*back of the church sanctuary*).

Youth ministry - Room 202

### Sunday at 10.15am

Cradle Club (Toddlers) in Room 211

Pre- school (Aged 4 - 6) in Room 201

Primary 1 to 3 - Room 115

Primary 4 to 6 - Room 106

Youth Ministry - Joshua Hall, Timothy Centre, Rooms 202 & 210

## WEEKLY

### Online (Non-Holy Communion) Service or Sermon

is available on Sundays from 3pm.

YouTube channel: [bit.ly/shconline](https://bit.ly/shconline)

### ALL ARE WELCOME!

#### TUESDAY

##### Fire Place (Bible Study)

Tuesdays from 10am - 11.30am on Zoom.

Study on "The Relationship Principles of Jesus"

For details, please contact facilitators: John Teo 98165424 / Chan Mun Seng 96210535

#### FRIDAY

**\*Men's Prayer Fellowship** // 7.15am to 8.15am

**\*YASH** (Young Adults of St Hilda's) **Bible Study** // 8pm to 10pm

*\*(Please contact the church office for details.)*

## ANNOUNCEMENTS



Wishing all fathers a Blessed Father's Day! 😊

*We have prepared a gift for all fathers. Please collect it after the service at the exits.*

### MISSION COMMISSIONING AT THE 10.15AM SERVICE TODAY

We will commission two sisters, Angela Lim and Debbie Khoo as they have stepped forward to serve in Cambodia for the period of June to August to teach children in the village there, English.

Do uphold them in your prayers.

### REPLACEMENT OF CHURCH SANCTUARY PEWS

As mentioned in the *Vicar Writes* on 24 May 2026, the new pews have now been installed in the church sanctuary. They are slightly longer and have been designed with enhanced ergonomic support for greater comfort.

We are still making some adjustments to ensure that everything fits well within the sanctuary and that the seating arrangement is comfortable for everyone.

We appreciate your patience and understanding during this period of transition, and we thank you for your continued support.

### **VICAR AWAY ON ANNUAL LEAVE AND SABBATICAL LEAVE**

Vicar will be away from 15<sup>th</sup> June to 30<sup>th</sup> September 2026.

15<sup>th</sup> to 22<sup>nd</sup> June – Leading Anglican Heritage Tour

23<sup>rd</sup> to 30<sup>th</sup> June – Annual Leave

1<sup>st</sup> July to 30<sup>th</sup> Sept. – Sabbatical Leave

For pastoral matters, please contact Revd Calvin Wee or Revd King Chiew Kwang.

All other matters, please contact the Church Wardens.

### **MEDICAL MISSION CAMBODIA SVAY PRAHOUT**

Dates: 13 July to 17 July 2026

Closing Date: 7 June 2026

Contact - Janet Goh A T at 96961391 / [Janet@pinkgiraffe.org](mailto:Janet@pinkgiraffe.org)

OR Leslie Peters at 9001 3003 / [Omega51@gmail.com](mailto:Omega51@gmail.com)

## **ANNOUNCEMENTS – THE LARGER FAMILY**

### **ANGLICAN LEARNING FESTIVAL**

Registration is now open for the Anglican Learning Festival, taking place from 17–19 September. Centered around the theme “Transformed from Glory to Glory” (drawn from 2 Corinthians 3:18), this inaugural event is a joyful gathering of all parts of our diocese for training, learning and fellowship.

Participants can choose between onsite or virtual attendance tracks, featuring four plenary sessions and over 20 practical workshops on ministry topics such as pastoral leadership, mental health, financial stewardship, AI and more. Register now and take advantage of Early Bird rates!

Date: 17 - 19 September 2026

Venue: Various locations (virtual options available)

Fee: From \$50 onwards

Registration Link: [www.anglicanlearningfestival.sg](http://www.anglicanlearningfestival.sg) (closes on 17 August)

### **JOB OPPORTUNITIES WITHIN THE DIOCESE OF SINGAPORE**

Interested applicants may visit: [anglican.org.sg/work-with-us/](http://anglican.org.sg/work-with-us/) for details of the recruitment advertisement.

# GIVING

## OFFERTORY

- + Cash – put into the offertory bag during offertory
- + Electronically
  - i) Standing Order to St Hilda's Church DBS Account No.: 004-006227-2
  - ii) via **PayNow**



- iii) Using your bank's internet banking or mobile banking app. Enter UEN T08CC4076F at the PayNow transfer screen and verify St Hilda's Church as recipient before confirming the transfer.

# PRAYER BULLETIN

## Church

- Pray for Archbishop Titus Chung, our clergy, diocesan leaders and all who serve across the Diocese and Province, that they may lead with Godly wisdom, courage and humility in this season.
- Pray for the Anglican Learning Festival taking place in September, that it will be a joyful and fruitful gathering for reflection, equipping and transformation. May the plenary sessions and workshops be yet another avenue to glorify our Lord and be guided in our service to Him.
- Uphold all theological educators, chaplains, cell group leaders and lay leaders across our parishes. Pray that they may teach sound doctrine and nurture Christ-centred discipleship.

## World

- Pray that the peace agreement between Iran and the USA will become the foundation for a lasting and enduring peace. May all hostilities cease and may leaders pursue dialogue over destruction.
- Remember all who are displaced, injured and grieving because of ongoing conflicts in Gaza, Ukraine, Sudan, Myanmar and other parts of the world. Pray for humanitarian aid to reach those in need, and for civilians and children to be protected.
- Pray for wisdom and moral clarity among world leaders, that they will not act out of pride, malice or self-interest, but seek justice, mercy and peace for their people.
- Pray that the World Cup will create opportunities for peace and goodwill through sport. May it foster mutual respect between nations and remind the world of our shared humanity.

## Singapore

- Lift up our President, Prime Minister, Cabinet and national leaders, that they may be guided by Godly wisdom, integrity and compassion as they steward Singapore through complex global challenges and seek opportunities for our nation to thrive.
- Pray for Singaporeans who have been retrenched or are facing difficulty finding good jobs. May they find timely support, suitable opportunities and renewed hope in this season.
- Pray for discernment in national issues such as the use of AI, stewardship of our national resources, and the shaping of a society that supports families, children and the vulnerable.

## St Hilda's Church

- Pray for our clergy, Vicar Martin, Rev. Calvin and Rev King, and all staff of our church, that the Lord will grant them health, wisdom and strength as they shepherd our congregations.
- Pray especially for Vicar Martin's sabbatical from July to September. May this be a blessed time of rest and contemplation. Pray that he returns refreshed and renewed for the season of service the Lord has called him to.
- We also pray for members going on the medical mission to Svay Prahout in Cambodia in July. May the Lord watch over their safety, health and preparations, and bless their work so that many may receive care and experience the love of Christ.
- Pray for all ministries, volunteers and members of St Hilda's Church, that we may continue to serve faithfully, grow in unity and love, and be grounded in Scripture.
- We continue to pray for those who are unwell or suffering in body, mind and spirit. May our Lord reassure them with His presence, healing and peace.



To follow **St Hilda's Church News Channel** on WhatsApp for the latest notice, reminder or announcement, please scan this QR code"



# Timeout with God:

DEEPENING YOUR WALK WITH GOD

When & Where

11 July 2026, Sat  
2pm to 4pm  
in Manna House



## Synopsis

Timeout with God is allowing ourselves to enter into the sacred space where we allow the Holy Scripture to come alive for us and where we allow the Holy Spirit to help us discern God's presence in our ordinary daily living.



Timeout with God is God journeying with us into deeper intimacy with Him and discovering the ever-present joy of His presence in individual and community.




Scan to sign up:

**(THIS TALK IS ORGANISED  
FOR LADIES ONLY)**



For enquiries, contact  
**Ps Amy Ong**

 63443463



Guest Speaker: **Seah Chiew Kwan**

is a graduate from Biblical Graduate School of Theology (Grad Dip CS in Christian Education and MCS), TCA College (MA Counselling) and National University of Singapore (BSc, Hons). Currently she is an Associate Lecturer with BGST teaching 2 spirituality modules. Since 2010 Chiew Kwan has been facilitating Timeout with God retreats and workshops for churches, parachurches and small groups.

# Voluntary Doctors PROGRAM

15M Community  
Awards 2026

On 29<sup>th</sup> May 2026, Dr. Allyn Hum and Dr. Dana Teo were awarded the Voluntary Doctors Program Award during the prestigious 15M Community Awards 2026 by NHG Health.

We extend a heartfelt thank you to Dr. Allyn Hum and Dr. Dana Teo for their outstanding service and unwavering support!



Dr. Allyn Hum



Dr. Dana Teo





# 中文部周刊

**2026主题：跟着耶稣，走丰盛之路**

耶稣说，“我来了，是要叫人得生命，并且得的更丰盛。”约翰福音 10:10

## 华语堂圣餐崇拜

**6月21日(主日)上午10时30分**

宣召	公祷书26页第2-3段	吴松和弟兄
认罪	第27页第4段, 6-7段	吴松和弟兄
解罪	第30页第8段	龚招光牧师
祝文	三位一体后第三主日祝文	吴松和弟兄
敬赞		林春景弟兄
读经	但以理书10:1-21	张文菁姐妹
福音	马太福音10:24-39	龚招光牧师
证道	<b>属灵争战</b>	龚招光牧师
信经	尼吉亚信经	吴松和弟兄
问安	公祷书35页第18段	龚招光牧师
奉献	1)例常奉献2)爱宴奉献 奉献是对上帝爱的回应， 甘心乐意的奉献是神所悦纳的， 您若明白奉献的真理可以做奉献。	林春景弟兄
圣餐	公祷书36页第21段	龚招光牧师
祝福		龚招光牧师
报告	家事报告	陈秀燕传道
散会		林春景弟兄

### 本周执勤

主礼	牧师/松和
襄理	传道/心莲
副领	志娟
招待	怡霖 晋凌 志强 淑贞
爱宴	后港小组

### 下周值勤

**6月28日(主日)**  
**早祷崇拜**

讲员	龚招光牧师
题目	因耶稣看见更大的荣耀
经文	约14:7-14
主礼	晋凌
主领	庭绿/秀莹
副领	
代祷	耀辉
读经	巩豫
招待	秀卿 桂蓉 金山 莲珠

本堂使用圣经版本  
《和合本修订版》

散会后欢迎移步到吗哪餐厅一同享用午餐

教会奉献 PayNow  
UEN T08CC4076F,  
请注明“CHINESE”



新加坡教区主教：章剑文大主教（博士）  
牧正：Revd Martin Jungnickel

中文部教牧：龚招光牧师、  
杜淑兰传道（福建堂）、陈秀燕传道（华语堂）  
41 Ceylon Road Singapore 429630  
YouTube 频道：“圣希达堂中文部”  
Tel: (65) 6344 3463

# 华福黄金时光

## 6月20日（六）下午2时正

欢迎  
敬赞

主题

### 防止诈骗

奉献

奉献是对上帝爱的回应，  
甘心乐意的奉献是神所悦纳的，  
您若明白奉献的真理可以做奉献。

祝福

报告

散会

茶叙

时光

龚招光牧师  
张宝珠姐妹

白荣吉弟兄

张宝珠姐妹

龚招光牧师

杜淑兰传道

张宝珠姐妹

服事团队

### 本周执勤

副领 炎成  
招待 秀卿/素珍  
茶点 Alice/美玲  
车长 Oliver/秀凤

### 福建堂下周执勤

#### 6月27日（六）

#### 早祷崇拜

讲员 杜淑兰传道  
题目 恩慈满溢我家  
经文 得1:8, 2:20,  
3:10, 4:14-17  
主礼 燕丽  
广福 秀卿/燕丽  
读经  
主领 秀凤/爱桃  
副领  
招待 秀卿/素珍  
茶点 Alice/丽珍  
车长 Oliver/秀凤

圣希达堂  
St Hilda's Church  
41 Ceylon Road S429630

## 黄金时光

# 防止诈骗

2026年6月20日 星期六 | 下午2点  
圣希达堂 - 圣殿

- ✓ 诈骗手法天天变，
- ✓ 防骗知识不可少！
- ✓ 免费防诈骗讲座——
- ✓ 学会辨识骗局，守护您的积蓄！
- ✓ 免费参加，欢迎出席。

**白荣吉弟兄**

讲员简介：  
白荣吉警监在新加坡警察部队服务了30多年，拥有丰富的经验。他目前在马林百列基督教会植堂，盼望堂服侍，教导特别需要（自闭症）的成人主日学。

提高警惕意识 了解最新诈骗手法  
实用防骗知识 保护自己与家人  
守护财产安全 远离诈骗风险

关爱社区 · 提升防范 · 安心生活

丹戎禺交通车  
每周六在大牌10、12号  
(去教会) 1:30 pm  
(回丹戎禺) 4:00 pm

## 三位一体后第三主日祝文

全能的上帝啊，祢已破除罪恶的权势，并差遣圣灵进入我们的心，使我们可以称祢为父。求祢施恩，让已得自由的我们可以服侍祢，好让全人类都可享有上帝儿女的自由，这都是靠着主耶稣基督求的。阿们。

# 家事报告

## 1. 讣告

丹戎檳榔复兴堂佳佳姐妹的丈夫沈茂达弟兄，已于6月13日安息主怀。求主亲自安慰佳佳姐妹和家属，也请弟兄姐妹继续为丧家代祷。

## 2. 华语堂爱宴

日期：6月21日（主日）；执勤小组：后港小组

地点：Manna House

欢迎散会后留下一同团契！

## 3. 丰盛学堂

圣希达华文与福建堂最近成立了一个让会友有机会共同学习的一个平台。**丰盛学堂**的办堂理念是让我们共同有机会学习神的话语、分享生活和信仰中的恩典、及学习生活小技能以增添生活和信仰的智慧，让我们的教会和日常生活更丰盛。

课程：现代门徒价值观（十课）

日期：5月24日开始（每主日）

时间：1:30pm-3:00pm

地点：101课室 Daniel Room

对象：“当然学生”：小组组长和副组长，新信徒；“新学生”：所有会友

导师团队：龚招光牧师、郭晋凌执事、杜淑兰传道、尤木钦弟兄、陈秀燕传道

课程日期与主题

6月21日 工作观      7月19日 领袖观

6月28日 苦难观      7月26日 宣教观

7月05日 家庭观      8月02日 自我形象&摆脱过去阴影

7月12日 事奉观

课程详情可向晋凌执事或秀燕传道询问。

## 4. 医治和释放训练会与祷告特会取消 / 延期通知

原定于6月24-26日举行的“医治和释放训练会与祷告特会”，因讲员林淑汶姐妹身体抱恙，聚会将暂时取消 / 延期；新的日期将另行通知。

请弟兄姐妹继续为淑汶姐妹守望祷告，求主亲自医治、保守她，也赐平安与力量给她和家人。

关于已缴交的报名费，佩娇干事将另行跟进通知。

谢谢弟兄姐妹的理解与代祷。

## 5. 华福线上祷告会

原定于 6月26日（五）的祷告特会，将调整为线上祷告会。

**日期：6月26日（五）8PM**

**方式：线上进行**

敬请弟兄姐妹预留时间，准时出席，为身体病痛、软弱或有需要的家属与肢体，一同在线上守望祷告。

## 6. 教区信徒装备课程—《助人历程与技巧-以圣经为基础的认知行为治疗》

**日期：7月11日（六）9AM – 12PM**

讲员：凌展辉长老

地点：圣安德烈座堂

报名费：\$10，截止后报名费\$20；截止日期：29/6；名额有限，满额即止，恕不接受现场报名。请向办公室报名。

## 7. 德泽学堂 - 爱 · 不会遗忘

**日期：8月22日（六）9:45AM – 12点30分**

认识失智症讲座

讲题一：被遗忘的时光 – 不被遗忘的爱——失智症的认识与患者的关怀

讲员：关振昇传道（KIN Koinonia Inclusion Network 同工）

讲题二：幸福的妈妈 – 妈妈的幸福——与失智老妈漫长的告别

讲员：黄明德社工（蒙福关爱创办人）

交流会：当我心爱的人失智了。。。

主持：许复顺牧师（真光堂华文部牧师）

地点：真光堂（二楼聚会厅）

25G Perak Road Singapore 208142

报名链接：

<https://docs.google.com/forms/d/e/1FAIpQLSd3POsVchdAc6UQ0BuJ4hxUp6w7vP4cLHq0UpKdMhaEzjbbXg/viewform>



入场免费 | 预先报名

# 一次欢迎，永远欢迎！

周六	1030am 线上儿童主日学 (Primary 1-6) *每逢第一/第三个星期六	秀燕传道
主日	1030am 喜乐豆(幼儿事工 N1-K2) *每逢第二/第四个星期天	春景/志娟
	4pm 线上门训A班	淑兰传道
周一	8pm 线上门训B班	晋凌
周二	730pm 甘榜安南小组	永铃/美莲
周三	930am 教会小组	秀卿/爱霞
	8pm 后港小组	莱金/碧兰
	830pm 线上基督恩典分享班	木钦/彩娟/永铃
	1230pm 灯塔小组 (丹戎禺)	淑兰传道/汉星
周四	8pm 友诺士小组	松和/崇雯
周五	8pm 线上华福祷告会	每月第一周五
	8pm 加东小组	耀辉/致晖
	8pm 青成年小组	翊希Vicson/ 庭绿Christy



欲知更多详情，请向办公室或各部门组长询问。

## 奉献方式

1. 现金投入主日奉献箱
2. 支票，“St Hilda's Church”请在背后注明“**CHINESE**”
3. 电子转账，St Hilda's Church DBS Account No.004-006227-2
4. 电子转账PayNow，UEN T08CC4076F，请注明“**CHINESE**”
5. 爱筵奉献，请注明“**CHINESE LUNCH**”，确保款项归入华文部账目。
6. 电子转账扫码，



## 课程日期与主题

5月24日	现代门徒的价值观
5月31日	现代门徒的世界观
6月14日	现代门徒的金钱观
6月21日	现代门徒的工作观
6月28日	现代门徒的苦难观
7月05日	现代门徒的家庭观
7月12日	现代门徒的事奉观
7月19日	现代门徒的领袖观
7月26日	现代门徒的宣教观
8月02日	自我形象与过去阴影

## 十课门徒培育课程

📅 开课日期：2026年5月24日

🕒 时间：主日下午 1:30

📍 地点：圣希达堂 101课室

### 👥 导师团队：

郭晋凌执事、陈秀燕传道、杜淑兰传道、  
尤木钦弟兄、龚招光牧师



欢迎弟兄姐妹预留时间，一同学习、分享，并在主里成长。

报名或查询详情，请联系晋凌执事或秀燕传道。



圣公会新加坡教区华文部

## 2026年 信徒装备课程 +



凌展辉长老

现任飞跃家庭服务中心及飞跃社区服务高级顾问兼联合创始人，拥有管理硕士及辅导硕士学位，辅导经验丰富，也出版了多本有关亲子和婚姻的书藉。  
自创立中心以来，他多次受邀在各大报章，电台及电视上接受不同性质的访问，其中包括反应时代变迁所引发的家庭问题及针对各种家庭教育的课题发表意见。同时，他也常受邀到不同的机构，甚至不同的国家如马来西亚，台湾和中国等地担任家庭教育及辅导专题讲员。

### 助人历程与技巧-以圣经为基础的认知行为治疗

你是否常被负面思想困扰，难以喜乐？是否陷于焦虑、自责与无力感？是否渴望信仰变得实际，为生命带来更新？

课程宗旨：结合认知行为治疗与圣经真理，助你更新心思意念，转化行为，活出自由。

课程内容：

- 理解认知行为治疗
- 更新认知  
识别并突破负面思维 | 用圣经真理替代错误观念 | 小组互动与经文祷告
- 转化行为  
学习健康的行为改变 | 制定信心行动计划 | 成长属灵习惯（祷告、服事、敬虔实践）

日期 / 时间：2026年7月11日（六） | 9am - 12pm

地点：圣安德烈座堂 (Chapel for All Peoples)  
11 St Andrew's Rd, Singapore 178959

报名费：\$10，截止后报名费\$20 | 请向堂会报名付费 | 本次课程只提供饮品

截止报名：2026年6月29日（一）

# 爱·不会遗忘

·真光堂 | 德泽学堂 | 认识失智症讲座·



讲题 1 **被遗忘的时光·不被遗忘的爱**  
——失智症的认识与患者的关怀  
讲员：关振昇 传道  
KIN Koinonia Inclusion Network 同工

讲题 2 **幸福的妈妈·妈妈的幸福**  
——与失智老妈漫长的告别  
讲员：黄明德 社工  
蒙福关爱 (Monfort Care) 创办人  
著有《老妈教会我的事》一书

交流会 **当我心爱的人失智了.....**  
主持：许复顺 牧师  
真光堂 华文部 牧师



2026年8月22日 | 9.45am-12.30pm | 真光堂 25G Perak Road Singapore 208142

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## Voices of Friends: 10 Years of Service, Honoured with Award

We rejoice to share that on 29 May 2026, our choral group Voices of Friends received the 15M Community Award 2026 from NHG Health — a meaningful recognition of their service.

This special honour coincides with their 10th Anniversary! Over the past decade, they have shared music, joy, and connection with our community.

Heartfelt thanks to leaders Peggy, Serena, and Ai Lin for their faithful guidance, and to every member and volunteer for your dedication, voices, and love.

This award belongs to you all.

Congratulations! May you continue to sing and serve, bringing joy and glory to God.

