

Bishop of Singapore:
Assistant Bishop:
Archdeacon of Singapore:

Rt Revd Dr Titus Chung
Rt Revd Low Jee King
Ven Daniel Wee Chun Chian

Vicar:
Clergy:

Revd Martin Jungnickel
Revd Calvin Wee | Revd Tay Hong Ern



Church Theme 2023: "Redeemed to Worship"

"Let my people go, so that they may worship me." Exodus 8:1

1st / 2nd July 2023

4th Sunday after Trinity

THE COLLECT

Almighty God, you show to those who are in error the light that they may return to the way of righteousness. May we and all who have been admitted to the fellowship of Christ's religion reject those things which are contrary to our profession and follow all such things as are agreeable to the same, through Jesus Christ our Lord. Amen.

Scripture Readings / Sermon Title:

E3, SES & E1:

OT/NT: Joel 2: 19 - 27

Gospel: Mark 5: 21 - 34

Sermon Title: *"Christ Restores!"*

E2:

OT/NT: Isaiah 58: 9b -12, Rom 10: 13 -15

Gospel: Matthew 28:18 - 20

Sermon Title: *"Turn Around"*

Memory Verse:

"The Israelites had done all the work just as the Lord had commanded Moses. Moses inspected the work and saw that they had done it just as the Lord had commanded. So Moses blessed them."

Exodus 39:42-43

WELCOME

To all who have come to worship with us. We invite members and visitors to stay back after the Sunday worship services for refreshments and fellowship at the Manna House.

vision: In Christ we serve the COMMUNITY as a beacon of FAITH, HOPE & LOVE

mission: To be a worshipping community that is grounded in God's Word, empowered by the Holy Spirit for sanctification, ministry and missions and is growing in Christ to reach out as a beacon of Faith, Hope & Love.

Church Services

English

Saturday

E3: 2pm

SES: 5pm (Holy Communion)

Sunday

E1: 8am (Holy Communion)

E2: 10.15am (Holy Communion)

Hokkien

Saturday

2pm (Holy Communion on 1st & 3rd)

Mandarin

Sunday

10.30am (Holy Communion on 1st & 3rd)

Children's Ministries

Saturday at 5pm

Primary 1 - 6 in Daniel Room

Sunday at 8am

Pre-school (Age 4-6) & Primary 1 - 3 in Room 201

Primary 4 to 6 in Room 210

Youth ministry - The Creed in Daniel Room

Sunday at 10.15am

Cradle Club (Toddlers) in Room 211

Pre-school (Aged 4 - 6) in Room 201

Primary 1 to 3 - in Daniel Room

Primary 4 to 6 - in Joshua Hall

Youth Cell - Tim Centre

WEEKLY

Online (Non-Holy Communion) Services

is available on Sundays from 3pm.

YouTube channel: bit.ly/shconline

The podcast (audio of the sermon only) will be available each Tuesday.

Podcast: <https://sthildas.org.sg/glory-to-god/podcasts/>

ALL ARE WELCOME!

TUESDAY

FISH (Prayer Meeting) // 9AM on Zoom (Contact Tina Kong @ 97780818)

***Fire Place** (Bible Study) – *Book of Jude*

Facilitators: John Teo & Chan Mun Seng // 10 - 11.30am on Zoom

FRIDAY

***Men's Breakfast Fellowship** // 7.15am to 8.15am

***YASH** (Young Adults of St Hilda's) **Bible Study** // 8pm to 10pm

**(Please contact the church office for details.)*

ANNOUNCEMENTS

GUEST PREACHER THIS WEEK

We welcome Bishop Raphael Samuel who will share God's word with us at the Saturday 2pm and 5pm services and Sunday at the 8am service.

Bp Raphael is the first Asian missionary to lead an Anglican Diocese in South America. He and wife Michelle spent nearly 3 decades in Bolivia, a landlocked country, becoming the longest serving missionaries in the Bolivian Anglican Church.

LOVE COPE SUNDAY @ E2 SERVICE TODAY

We celebrate with our volunteers and workers for the wonderful work that God has enabled us to do at Kampong Arang for the past 2 decades and more! Mrs Eileen Magnus will be sharing God's Word with us at this service.

CHURCH PRAYER MEETING

Tuesday, 4 July 2023, 8pm in Joshua Hall. Join us for a night of prayer and praise, together.

THE MEETING PLACE

"Praying Right – Warfare Prayer in the Light of Scripture"

Speaker: Rev Daniel Tong

Tuesday, 18 July 2023 in Daniel Room

Please register with the church office.

NEXT WEEK'S SERMON

To prepare, please read Exodus 35 - 40

NEW SERMON SERIES

We will soon embark on a new sermon series on the book of Revelation. Home Cells who wish to follow the series may place orders for the work books with Catherine of the church office.

TEACHERS' DAY

APPRECIATION LUNCH

Calling parents with children in Cradle Club, Praise Club or KFC!

This is a parent initiated blessing event for the children's ministries volunteer teams on Sunday, 3rd Sept. 2023, after E2 service, 12pm – 2.30pm.

Please contact: Alice Aw at 9688 8023 to find out more.

ANNOUNCEMENTS

"RAISING THE NEXT GENERATION"

This is a free talk by Emeritus Bishop Solomon on biblical wisdom for parenting.

Saturday, 15 July, 2-5pm on zoom. Register by 7 July 2023 on

<https://forms.gle/p2b7JNNMvAE3J1yu6>

40 Day 2023 (1st JULY TO 9 AUGUST)

This year, we will hear 40 devotional insights and 40 prayers from 40 leaders in Singapore, male and female, spanning pastors, missionaries, and para-church heads.

Their voices, visage and emotion will be brought to your screens daily on video as they share the Word in Season for the Church.

Every video will be accompanied by —

- An English article, including reflection questions and prayer pointers
- A Chinese translation of the article, reflection questions and prayer pointers
- A Family Devotion edition, suitable for children under 12 years old

all published daily on **LoveSingapore** platforms from 1 July to 9 August:

• **Facebook**

<https://www.facebook.com/lovesingapore.org.sg>

• **Instagram**

<https://www.instagram.com/lovesingaporeonline/>

• **YouTube**

<https://www.youtube.com/lovesingaporeonline>

• **Website**

<http://lovesingapore.org.sg/>

Come join the Body of Christ, across all churches and denominations, in this new season of

40.Days • 40.Voices • 40.Prayers.

ST JAMES' CHURCH MARKETPLACE EVENT "GOD @ WORK"

God is deep at work...are we hearing His call? Come and hear what Revd Barney Lau has to share about how we can bear witness for God and His work at the marketplace. This event is open to all! So start inviting your friends & colleagues to be ministered to and be blessed.

Date/Time: Friday, 14 July 2023, 8pm - 9.30pm

Venue: St James' Church, Level 3, Sanctuary 1, 1 Leedon Road S(267828)

Light Refreshments will be provided from 7.15pm

Interested participants may register at <https://forms.gle/MwK6BeKiVeLhNAZt7>.

Registration closes on 9 July 2023.

SELF-CARE FOR MENTAL WELL BEING

Jointly organised by St George's Church and Caregivers' Alliance Limited (CAL)

The talk will provide participants to consider the importance of self-care for their mental well-being and to avoid burnout in caring for others affected by mental or chronic illnesses. Participants will learn practical ways to self-care.

Date: 22 July 2023 **Time:** 2pm to 4pm

Venue: Youth Building, Ground Floor, St George's Church, 44 Minden Road

Speaker: Ms Michelle Tan, Outreach Manager, CAL

Interested participants may find out more and register at

<https://stgeorgeschurch.churchcenter.com/registrations> by 20 July 2023.

REGISTRATION EXERCISE FOR ADMISSION TO PRIMARY ONE (Phase 2B) IN 2024 FOR ANGLICAN SCHOOLS

MOE has announced the dates for Phase 2B of the Primary One registration:
from 9am, Monday, 24 July 2023 to 4.30pm, Tuesday, 25 July 2023.

Please contact the church office by 2 July 2023 to obtain Form A which is required for the registration in an Anglican School under Phase 2B.

Parents will need to:

1. Submit Form A for the Vicar's endorsement by (9 July 2023) with the following supporting documents: a) Child/ward's Birth Certificate b) Parent/s Baptism and Confirmation Certificate
 2. With the endorsed Form A, submit it together with other necessary documents as indicated on the MOE website when Phase 2B is launched as indicated above. Submission is to be made through the FormSG using the SingPass.
- For more information, please visit the following MOE website
(<https://www.moe.gov.sg/primary/p1-registration/how-to-register?pt=2B>).

PARISH OF THE WEEK

The Diocese of Singapore will be launching a campaign: *Parish of the Week*

This is a 2-year campaign (2023-2024) where one parish is featured per week. During the featured week, there will be videos to introduce the parish, a clergy-led run to the parish, diocese-wide prayer for the parish and a whole lot of buzz on social media for this one featured parish.

More information about Parish of the Week can be found on the diocesan website at www.anglican.org.sg/potw

GIVING

OFFERTORY

The 4 different payments methods which you may contribute –

- + Cash - put in an envelope, set it aside and bring it to church
- + Cheque – Write to "St Hilda's Church" and mail it to:
41 Ceylon Road S (429630)

- + Electronically

- i) St Hilda's Church DBS Account No.: 004-006227-2
- ii) via **PayNow**



- iii) Using your bank's internet banking or mobile banking app.
Enter UEN T08CC4076F at the PayNow transfer screen and verify St Hilda's Church as recipient before confirming the transfer.

PRAYER BULLETIN

Diocese of Singapore

- Pray for Bishop Titus Chung, his family and his team. For the LORD's continued protection, wisdom and strength as they lead and shepherd His church.
- Pray that the Anglican Diocese be a blessing for those in need and to be united in Christ. All who are called by His name to have the fear of God, to walk in His ways, to be ambassadors for Christ and a beacon of hope.
- We lift up the Parish-of-the-Week, Chapel of the Resurrection (COR), in prayer. Your wisdom, grace, strength and anointing upon the Vicar, Revd David Lee and His team. May God bless the work of their hands as they tend to the spiritual needs of their members and labour in their various ministries. We pray for our dear sister, Ps Wendy Yong as she disciples the youths there, that many will grow to be men and women after God's heart.

World

- Pray for the LORD's sovereign rule over the war in Ukraine; that the war will not escalate further, and the leaders of Ukraine and Russia will be willing to hold talks to resolve the conflict peacefully and to end the war soon.
- Pray for the LORD's mercy and sovereignty over an increasingly dangerous and troubled world that we live in, the tense US-China relations, uncertain geopolitics and poor economic outlook.
- Pray for peace to be restored amidst the riots across France due to the death of a 17-year-old Youth who was shot by the Police.

Singapore

- We thank God for His blessings of good a government in Singapore. May the nation's social compact continue to be strengthened as our country reimagine the social wellbeing and greater inclusivity and harmony among diverse groups of citizens.
- We continue to pray for God's wisdom upon our leaders as they lead Singapore in navigating the challenges in an uncertain world.
- We remember our youths as the country celebrates Youth Day this Monday, the 3rd of July. May our youths grow in confidence as unique individuals that they are, discover their gifts and grow to their full potential. May they know that God desires a relationship with them and may they grow to be men and women after God's heart and ways.

St Hilda's Church

- Pray for our under-shepherds: Vicar Martin, Rev Hong Er, Rev Calvin Wee. May the LORD watch over their families. May His anointing, wisdom, grace and strength be with them as they shepherd the church and render pastoral care. May they be refreshed from the LORD's living water each day and find rest in body, mind and spirit.
- Pray for our Pastoral and Admin staff. May the Lord bless the work of their hands as they seek to be faithful to do the work which they are called to do.
- Pray for the LORD's presence and leading as our PCC gather for retreat on 7-8 July to wait upon God in worship and prayer, to seek God's direction and discuss the matters of the church. May the LORD bless us with a fruitful meeting. May the PCC, clergy and pastoral staff get to know one another better and may God's love bind them together.
- We remember those who suffer in mind, body and spirit, the lonely and the bereaved. May they experience God's healing grace and His ever-present help in times of need.

*And do not forget to do good and to share with others,
for with such sacrifices God is pleased.*

Heb 13:16



Here's a **great opportunity** to show your
Generosity and share your **Blessings**.

One of our Daycare seniors, a 77 years old uncle
who stays alone with no income, is urgently in need of
some new furniture items due to bed bug issues.

We welcome cash donations for the following:

Our **heartfelt thanks** to **3 donors** who
contributed to the following ...

- ✓ **\$300** for a new 2-door fridge with freezer
- ✓ **\$250** for a new single bed frame, mattress & pillow
- ✓ **\$50** for 2 sets of new bedsheets & pillow cases

Only cash donations are accepted. If you wish to make a donation,
please contact Jesmine, Kelvin or Zachary at Tel: 63450054.

中文部周刊



圣希达堂
ST HILDA'S CHURCH

2023 异象： 操练
常敬拜经历主 建关系有幸福 常改进成大福
结果： 更爱神 爱人 传福音

华语堂圣餐崇拜

7月2日(主日)上午10时30分

宣召	公祷书第26页第2-3 段	郭晋凌弟兄
认罪	第27页第 4 段 , 6-7 段	郭晋凌弟兄
解罪	第30页第 8 段	郑鸿恩牧师
祝文	三位一体后第四主日	郭晋凌弟兄
敬赞		张宝珠姐妹
读经	哥林多后书 12:7-9, 彼得后书 1:3-4	吴丽珍姐妹
福音	马太福音 10:40-42	郑鸿恩牧师
证道	恩典的上帝与 成圣	郑鸿恩牧师
信经	尼吉亚信经	郭晋凌弟兄
问安	公祷书第35页第18段	郑鸿恩牧师
奉献	奉献礼文	张宝珠姐妹
圣餐	公祷书第36页第21段	郑鸿恩牧师
祝福		郑鸿恩牧师
报告	家事报告	陈秀燕传道
散会		张宝珠姐妹

本周值勤

主礼	牧师/晋凌 传道/松和
副领	炎成
招待	美莲/骏晨 光全/淡莹

下周值勤

7月 9日(主日)
早祷崇拜

讲员	陈秀燕传道
题目	不要怕, 只要信。
经文	马可福音 16:21-43
主礼	松和
主领	春景/咏宣
副领	
代祷	德仁
读经	志强
招待	彩娟/家恒 文菁/庭绿
见证	思佳
本堂使用圣经版本 《和合本修订版》	

新加坡教区主教：章剑文主教（博士）
牧正：Revd Martin Jungnickel
中文部教牧：郑鸿恩牧师、
杜淑兰传道（福建堂）、陈秀燕传道（华语堂）
41 Ceylon rd Singapore 429630
YouTube频道：“圣希达堂中文部”
Tel: (65) 6344 3463

福建堂圣餐崇拜

7月 1日(六)下午2时正

宣召	公祷书第26页第2-3 段	吴燕丽姐妹
认罪	第27页第 4 段 , 6-7 段	吴燕丽姐妹
解罪	公祷书第30页第 8 段	郑鸿恩牧师
敬赞		关汉星弟兄
广福	创世纪 24:26-27	何爱霞姐妹
读经		吴丽珍姐妹
福音	马太福音 8:5-17	郑鸿恩牧师
证道	常敬拜感恩	郑鸿恩牧师
问安		郑鸿恩牧师
奉献		关汉星弟兄
圣餐	公祷书第36页第21段	郑鸿恩牧师
祝福		郑鸿恩牧师
报告	家事报告	杜淑兰传道
散会		关汉星弟兄

本周值勤

襄理	燕丽/传道
副领	爱桃
茶点	Alice/美玲
车长	Oliver/秀凤
招待	秀卿/明珠 Alice/美玲

福建堂

下周值勤

7月 8日

早祷崇拜

讲员	杜淑兰传道
题目	活在当下， 乐在当儿！
经文	传道书 5:18-20
主礼/ 襄理	爱桃
主领	炎成/宝珠
副领	
读经	秀卿/亚瑞
招待	秀卿 / 丽珍 Alice/美玲

丹戎禺社区交通车
每周六1.30pm (去) / 4pm (回) 在大牌10、12号
接送。详情请洽办公室

三位一体后第四主日祝文

全能的上帝阿，主常使信从邪道的人，能看见真理的光领导他们归回义路，
求主使凡入基督圣会的人，能远离一切悖逆圣教的事，
遵行诸般合乎圣教的道。这都是靠着主耶稣基督求的。阿们。

家事报告

1. 华语堂爱宴自由奉献

上周主日收取约S\$1,600（总花费约\$975），超出的S\$600已存入当天的例常奉献。（五、六月份饭食\$6.5/人，皆订了75包。）

下回爱宴日期：7月16日（主日）；值勤组：甘榜安南小组

2. 华福线上祷告会

日期：7月7日（五）8pm

敬赞：文洁；领会：彩娟。

主题：【约15:7】你们若常在我里面，我的话也常在你们里面；凡你们所愿意的，祈求就给你们成就。

让我们一起进入上帝的同在，圣灵充满，得著恩膏，回应上帝的呼招，为各人，教会，国家和世界祷告。敬请预留时间准时出席！

3. 中文部委员线上会议

日期：7月9日（主日）3pm

请委员/组长/副组长们预留时间，准时出席。

4. 周六华福黄金时光——强化骨骼，预防跌倒（叶瑞清博士）

日期：7月15日（主日）11am

地点：Joshua Hall

叶博士期望通过她提供的双语工作坊一同和积极智龄的年长人士迈向优雅、和谐、睿智的人生。请向办公室报名。

5. 华福踏青活动（每个月第四个周六）

日期：7月22日（六）8.30AM

主办人：晋凌弟兄/致晖弟兄

集合地点：Botanical Garden MRT Station Exit A

驾车人士，车子可以停在Adam Road Food Centre Public Carpark, Cluny Court Parking, Serene Centre Parking

活动时间：一小时左右，过后可以一起到Adam Food Centre 团契和吃早餐。

注意事项：请携带饮用水，雨伞，帽子。穿上轻松的衣物和舒适的步行鞋。

请向办公室报名。

6. 华语亲子研讨会——引导孩子操练情商

日期：8月5日（六）10am-12pm

讲师：袁凤珠老师

地点：圣公会善牧堂（Queenstown）

收费：每人S\$16

内容：认识儿童情绪的需要、儿童情绪障碍类型、情绪饥饿的征象、情绪辅导五步骤、情绪智商训练。

报名截止：7月17日（一）

7. 教区华文部特别讲座

日期：8月5、12日（六）9am-1pm

主题：在一个性别危机的时代教会当做什么？

讲员：杜国强牧师

地点：圣安德烈座堂

报名费：\$10

报名截止日期：7月29日（六）请向办公室报名。

8. 这主日是LOVE COPE主日，

LOVECOPE预备了礼物送给大家，谢谢红衣到Kampong Arang的协助。
散会时分给大家。



圣希达堂

St. Hilda's Church

41 Ceylon rd. S429630

周六黄金时光

健康讲座:

“强化骨骼，
预防跌倒”

叶瑞清博士



日期: 2023年7月15日(周六)

时间: 早上11点

地址: 圣希达堂-Joshua Hall

会后午餐招待!

引导孩子 操练情商

八月五日，星期六

上午十点 至 中午十二点

圣公会善牧堂 (Queenstown)

收费: 每人\$16



袁凤珠

翱翔辅导服务总裁
专业心理辅导师

现代的父母需要认识与学习情绪管理的重要性，以及如何发现孩子是否有情绪的障碍，同时接纳孩子的情绪，与孩子共情，并及时给予正确的引导。使用情绪辅导五步骤，积极训练孩子情绪智商，让孩子一生受益。

内容大纲:

认识儿童情绪的需要

儿童情绪障碍类型

情绪饥饿的征象

情绪辅导五步骤

情绪智商的训练

袁老师是位拥有三十年辅导经验的专业心理辅导师。她考获中国心理咨询师二级执照以及社会科学辅导硕士。袁老师常被邀请在学校与社区举办婚姻父母讲座。除了在国内、国外讲学，她也经常接受报章与电台的访谈。

以她的丰富经验，袁老师也当任过导师去训练辅导员与幼教老师。

她发行多种教育讲座光碟，并且出版有关书籍，例如《完全青少年手册》，《父母支援小组手册》，《三代同堂乐融融》等。



立即报名吧!

- 没有英文翻译
(No English translation)
- 无儿童看护服务

[HTTPS://FORM.TYPEFORM.COM/TO/MJDG9LYH](https://form.typeform.com/to/MJDG9LYH)

报名截止日期于7月17日





圣公会新加坡教区华文部特别讲座

在一个性别危机的时代教会当做什么？

.....



杜国强牧师
3: 16 教会

在这个性别危机的时代，我们必须清楚认识同性恋运动全球化的趋势，以及努力的装备教会。教会能够为有性别挣扎的人带来希望和接纳。我们可以成为安全和充满爱的族群来做陪伴的工作。课程也会以真理来装备年轻一代如何应对性别危机的冲击。让我们在这性别危机的世界中为基督发光。

- 实体课程：圣安德烈座堂
(B1 Prayer Hall; 11 St Andrew's Road, Singapore 178959)
- 时间：8月5、12日（六）上午9时 - 下午1时
- 报名费：\$10
- 报名截止日期：2023年7月29日（六）
- 请向各自堂会报名

个人资料使用说明：课程信息将通过WhatsApp发送。

圣公会新加坡教区华文部将谨慎处理报名信息，妥善保管，并仅用于课程行政管理用途。

一次欢迎，永远欢迎！

主日	10. 30am 喜乐豆 (Nursery Ministry) 4pm 门训基础A班	志娟/春景 淑兰传道
周一	8pm 门训基础B班	晋凌
周二	7. 30pm 甘榜安南小组	永铃/美莲
周三	10am 教会小组 8pm 后港小组 8. 30pm 基督恩典分享班 12. 30pm 灯塔小组 (丹戎禺)	秀卿/爱霞 莱金/碧兰 木钦/彩娟/永铃 汉星
周四	8pm 友诺士小组	松和/崇雯
周五	8pm 华福线上祷告会 8pm 加东小组 8pm 青成年小组	每月第一周五 耀辉/炎成 翊希/庭绿
周六	10. 30am 线上儿童主日学 (Primary 1-6)	秀燕传道/咏宣

欲知更多详情，请向办公室或负责人询问。

奉献方式

1. 现金投入主日奉献箱
2. 支票, “St Hilda’ s Church” 请在背后注明 “Chinese”
3. 电子转账, St Hilda’ s Church DBS Account No. 004-006227-2
4. 电子转账PayNow, UEN T08CC4076F, 请注明 “Chinese”
5. 电子转账扫码,

